



Couples Vegetarian Cooking Classes

Service

The *Heat and Spice Cooking School* offers classes for couples who would like to explore an exotic cuisine, celebrate an occasion, or simply enjoy the spirit of cooking together.

Classes run about 3 hours and are taught by either the Chef Director of the school, Joe Sochor, or by cooking instructors employed by the school. Our kitchen becomes exclusively yours to enjoy and learn new cuisine together. All materials are supplied by the school and at the completion of the class couples sit down to enjoy the results of everything they've learned.

Menus

We offer classes in Thai, Indian and Mexican cuisine. All classes are vegan. Our menus are culled from our classes and have been voted as the very best dishes we teach. Please let us know if you have a dish you would like to learn.

Price

Price is \$245 per couple, all-inclusive for a three-hour class. Two couples, booking together, pay each \$175 per couple.

Registration

We need to receive registration several days in advance so that we can begin setting up and purchasing for your class. We require payment at the time of registration. We confirm your registration by e-mail or phone and provide directions to the school.

Please call 773-742-2331 or e-mail groupcooking@heatandspicecooking.com

HEAT AND SPICE COOKING SCHOOL
925 W Cullom Ave
Chicago, Illinois 60613
groupcookins@heatandspicecooking.com
PHONE 773-742-2331

Thai Vegetarian Cooking Class

Issan Green Papaya Salad

Green Curry with Acorn Squash and Thai Basil

Tom Yum Hot and Sour Mushroom & Tofu Soup

Salad of Crispy Tofu, Galanga and Mint

SERVED WITH DESSERT:

Lemongrass-Ginger Sorbet, Banana-Sesame Fritters

Mexican Vegetarian Cooking Class

Jicama, Zucchini and Chipotle Salad

Sopa de Elotes with Corn and Poblano Chile Puree

*Masa Quesadillas filled with Cheese
Avocado-Tomatillo Salsa*

Chipotle Beans with Spinach and Chocoyotes

Spicy Mexican Chocolate Sorbet

Indian Vegetarian Cooking Class

Corn in Coconut-Tamarind Sauce with Mustard Seed

Bhindi Okra Masala

Eggplant and Peas Bharta

Pooris Puffed Flatbreads

SERVED WITH DESSERT:

Roasted Banana Sorbet



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REGISTRATION

Print this page, fill out and send to address above with check or money order made payable to *Heat and Spice Cooking School*. You will receive confirmation of payment and class times by e-mail or postal mail.

YOUR NAMES _____

ADDRESS _____

PHONE _____

E-MAIL _____

registering for (circle one)...

THAI

MEXICAN

INDIAN

Refunds

A 50% refund will be made if cancellation is made at least 72 hours before scheduled class date. No refund or class credit will be given if cancellation is received less than 72 hours before the scheduled class.